



COVENANT DAY SCHOOL ATHLETICS

2020 Fall Sports Information

As of **Aug. 3, 2020**

Re-check periodically for updates. This information is subject to change.

General information for all Fall Teams:

- **MS Eligibility:** MS teams are designated for students in grades 7 and 8. In the event MS rosters are not filled by 7th and 8th graders, we may allow 6th grade student participation (following our conference hardship policy). See team information below to determine which teams (if any) we initially believe we may need to utilize the hardship policy.
- **September 7:** No school. Middle School teams will not practice. Varsity and JV teams may practice. Coaches will inform parents about any scheduled practices.
- **October 9, 12:** No school. Middle School, JV, and Varsity teams may have games during this time. Coaches may practice at the usual time. Coaches will inform parents about the schedule.
- **Paperwork:**
 - All athletes must have a current physical (within the last year), NCISAA participation form, parent permission form, signed concussion statement, and the \$25 athletic participation fee submitted prior to the first day of tryouts/practice. All paperwork must be uploaded to the Magnus system online.
 - Questions about paperwork should be directed to Mary Hill mhill@covenantday.org
- **Shuttle Service:** If school and athletics are operating under normal conditions, a shuttle bus to Warner Park will be available for those students (middle school or high school) needing transportation on regular school days. The shuttle will pick up athletes in the crosswalk area immediately after school. First shuttle departs at 3:25; final shuttle departs at 3:40. This is a drop-off service only, and parents are responsible for picking up their athletes at Warner Park after practices and games.
- **Communication 2020-21:** We will continue to use Team Snap as our communication tool in 2020-21. You will receive an invitation to join a Team Snap team. Please accept this invitation. Head coaches are expected to communicate with their entire parent group (via Team Snap) every week in preparation for the upcoming week. Weekly communications should include the weekly practice schedule and game schedule and additional pertinent information. Questions about Team Snap should be directed to Marty Parrish. mparrish@covenantday.org



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- **Fine Arts and Athletics Participation:** The Athletic and Fine Arts Departments desire for students to participate in their choice of extra-curricular activities. Participation on a sports team and in a Fine Arts production during the same time period is difficult, and in most circumstances, not possible.
- **Contact** Mary Hill or Marty Parrish if you have questions about fall sports: mhill@covenantday.org 704-814-1008; mparrish@covenantday.org 704-814-1083

Varsity Fall Cheer

- For girls in grades 9-12.
- First day of tryouts is Aug. 24th. Athletes should meet Coach Jarvie in the HS Student Commons.
- Team camp may be held after tryouts. If a team camp is organized by the coach, all members of the team are expected to attend.
- Covenant Day will provide uniforms.
- Athletes must provide approved cheer shoes, personal practice gear, and required spirit pack items.
- Coach Jarvie may be reached at sjarvienc@gmail.com

MS Fall Cheer

- Covenant Day will not field a MS Cheer team this fall.

Varsity Girls/Boys Cross Country

- For girls and boys in grades 9-12.
- First day of practice will be August 10. Voluntary summer workouts begin June 8.
- Covenant Day will provide uniforms.
- Athletes must provide appropriate shoes.
- Team will take a one-day trip to Dupont State Park on Tuesday, Aug. 4th. For information about this trip, please contact Coach Yasenochok. jyasenchok@covenantday.org.

Middle School Cross Country

- For girls and boys in grades 7-8. 6th graders may not participate, regardless of 7th and 8th grade participation numbers. Note: Coach Parrish and Coach Dinsbeer have a program for 6th graders -Lions Fitness.
- First day of practice will be on Monday, August 10 at 3:30 on the field adjacent to the middle school.
- Covenant Day will provide uniforms.
- Athletes must provide appropriate shoes.
- Coach Parrish may be reached at jparrish@covenantday.org



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Varsity and JV Girls Field Hockey

- Varsity is for girls in grades 9-12. JV is for girls in grades 9-11.
- First day of practice/tryouts is Monday, August 10.
- Covenant Day will provide home and away uniforms.
- Athletes must provide all protective gear (eye wear, mouth guard, shin guards). Athletes must also provide cleats and sticks.
- Coach Klohr may be reached at rklohr@covenantday.org

Middle School Girls Field Hockey

- For girls in grades 7-8
- First day of practice/tryouts will be on Monday, August 10.
- Athletes must provide all protective gear (eye wear, mouthpiece, shin guards). Athletes must also provide cleats and sticks.
- Coach Danielle DeCandia may be reached at pdnnhc8@yahoo.com.

Varsity Football

- For boys in grades 9-12.
- First day of practice will be TBD.
- Covenant Day will provide practice gear, helmets and shoulder pads, and game uniforms.
- Athletes must provide a personal girdle and any other personal safety gear.
- Please contact Pete McSparin if you have any questions. pmcsparin@covenantday.org

JV/Middle School Football

- JV is for boys in grades 7-8-9.
- While 6th graders may not participate on the MS football team, Coach McSparin anticipates an opportunity to engage 6th grade boys in a football program. More details to come.
- First day of practice will be TBD.
- Covenant Day will provide practice gear, helmets and shoulder pads, and game uniforms.
- Athletes must provide a personal girdle and any other personal safety gear.
- Coach Nguyen can be reached at jnguyen@covenantday.org

Varsity/JV Boys Soccer

- Varsity is for boys in grades 9-12. JV is for boys in grades 9-11.
- First day of tryouts will be held on Monday, August 10.
- Covenant Day will provide home and away uniforms.
- Athletes must provide cleats, age-appropriate shin guards, and personal gear.
- Coach West may be reached at gwest@charlotteeagles.com



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Middle School Boys Soccer

- For boys in grades 7-8.
- First day of practice/tryouts is Monday, August 10.
- Covenant Day will provide home and away uniforms.
- Athletes must provide cleats, age appropriate shin guards, and personal gear.
- Preseason conditioning begins in June. Contact Coach Fuderer for details.
- Coach Fuderer may be reached at rfuderer@covenantday.org

Varsity/JV Girls Volleyball

- Varsity is for girls in grades 9-12. JV is for girls in grades 9-11.
- Tryouts will begin August 10.
- Athletes should meet in the Main Gym.
- Covenant Day will provide home and away jerseys.
- Athletes must provide shoes, practice and game shorts, knee pads, and personal gear.
- Coach Mills may be reached at hmills@covenantday.org

Middle School Girls Volleyball

- For girls in grades 7-8.
- Check back later for more information on a 6th grade opportunity.
- Tryouts will begin Monday, August 10 in the Main Gym.
- Covenant Day will provide home and away jerseys.
- Athletes must provide shoes, practice and game shorts, knee pads, and personal gear.
- Coach Hopkins may be reached at ohopkins@carolina.rr.com

Varsity Girls Tennis

- For girls in grades 9-12.
- First day of practice/tryouts will be Monday, August 10 from 10:30 a.m.-12:00p.m. on the CDS Tennis Courts.
- Covenant Day will provide tennis uniforms.
- Athletes must provide rackets, tennis shoes, and personal gear.
- Coach Cory may be reached at mcory@covenantday.org



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Middle School Girls Tennis

- For girls in grades 7-8. 6th graders may be able to participate pending interest from 7th and 8th graders.
- First day of tryouts will be Monday, August 10.
- Covenant Day will provide tennis uniforms.
- Athletes must provide rackets, tennis shoes, and personal gear.
- Coach Timothy Pigg may be reached at elitetennis.biz@gmail.com